

Spa Lunch Menu

Offered from 11:00am – 1:30pm

NYS Local Cheese Platter for Two <i>Artisan Local Cheeses, Mixed Fruit & Assorted Crackers</i>	\$16
Mediterranean Platter <i>Hummus, Roasted Peppers, Feta, Kalamata Olives, Fresh Vegetables with Grilled Pita and Extra Virgin Olive Oil</i>	\$12
Squash and Toasted Almond Kale Salad <i>julienned kale, dried cranberries, toasted almonds, grilled yellow squash, balsamic reduction, shaved parmesan cheese, green goddess</i>	\$12
Mediterranean Chickpea Salad <i>romaine, feta cheese, chickpeas, chopped sundried tomatoes, kalamata olives, cucumbers, red onion, grilled zucchini, basil pesto</i>	\$10
Pear & Walnut Salad <i>spring mix, fresh strawberries, toasted walnuts, goat cheese, sesame seed vinaigrette, red onion</i>	\$10
Add Chicken to Any Salad	\$5
Add Shrimp to Any Salad	\$7

Following Items Served with Choice of Side Mesclun Salad or Seasonal Farro Salad

Aged Cheddar, Bacon & Shrimp Wrap <i>grilled shrimp, sharp cheddar, bacon, roasted red peppers, caramelized onion, fresh cilantro</i>	\$14
Grilled Vegetable & Brie Wrap <i>seasonal grilled vegetables, roasted garlic aioli, caramelized onions, brie</i>	\$12
Curry Chicken Wrap <i>chicken, red onion, celery, curry aioli, dried cranberries, apples, spring mix</i>	\$13
Sesame & Cilantro Chicken Wrap <i>grilled chicken, sesame vinaigrette, fresh cilantro, red onion, roasted red peppers, corn</i>	\$13
Chicken Caprese Wrap <i>grilled chicken, fresh mozzarella, basil pesto, roma tomato, balsamic reduction</i>	\$13
Roasted Garlic & Shrimp Wrap <i>grilled shrimp, roasted garlic aioli, feta, grilled zucchini, sundried tomatoes</i>	\$14

****For ease of service, we strongly recommend placing lunch orders when you reserve Spa Services. The kitchen may be able to adjust menu items to your dietary needs. Please do not hesitate to ask us!***